

# KITCHEN

## KITCHEN OPENING TIMES :

MON. & TUES. 5 - 9PM

WEDS. & THURS.  
12 NOON - 3PM & 5 - 9PM

FRI. & SAT. 12 NOON - 9PM

SUN. 12 NOON - 8PM

# THE SHEAF

## SNACKS

£4.90

**HOUMOUS DRESSED WITH EXTRA VIRGIN OLIVE OIL  
- SERVED WITH ORGANIC BREAD V**

£5.95

**MINI-FISH & CHIPS**

£5.95

**MINI-BEEF BURGER & FRIES**

£4.50

**CHICKEN POPCORN**

£4.75

**CHICKEN BITES**

## SHARE

£7.00 / £9.50

**EIGHT OR TWELVE CHEF'S SIGNATURE CHICKEN WINGS**

FOR ONE / TO SHARE

**LOADED FRIES...**

£5.95 / £8.85

**+ CHEDDAR CHEESE & CRISPY BACON GF**

£6.45 / £9.45

**+ CHEDDAR CHEESE, SALSA, GUACAMOLE & SOUR CREAM V,GF**

£6.70 / £9.70

**+ CHEDDAR CHEESE, CARAMELISED ONION & CHORIZO GF**

£6.70 / £10.50

**NACHOS SERVED WITH SALSA, SOUR CREAM, GUACAMOLE  
& MELTED CHEESE V**

V **SUITABLE FOR VEGETARIANS**

VE **SUITABLE FOR VEGANS**

GF **GLUTEN-FREE**

### ALLERGIES & INTOLERANCES :

**IF YOU NEED TO KNOW ABOUT OUR INGREDIENTS OR WINES,  
PLEASE ASK THE STAFF BEFORE ORDERING...**



## BURGERS

£7.60

**ALL BURGERS ARE SERVED WITH DEMI-BRIOCHE BAPS**

### CHEF'S SIMPLE BURGER

- 140g FLAME-GRILLED BRITISH BEEF PATTY WITH SIGNATURE SAUCE

£8.60

### BOUNCING BURGER

- AS ABOVE BUT FULLY LOADED WITH LITTLE GEM LETTUCE, RED ONIONS, BEEF TOMATO, PICKLES, BACON & CHEESE!

£8.60

### CHARGRILLED CHICKEN BURGER

- FRESH CHICKEN FILLET MARINATED IN LEMON & PEPPER, AND LOADED WITH LITTLE GEM LETTUCE, BEEF TOMATO, DRY CRISP ONIONS & OUR SIGNATURE SAUCE

£8.90

### ATOMIC BURGER

- OUR SIGNATURE FLAME-GRILLED PATTY WITH ATOMIC CHILLI SAUCE, LITTLE GEM LETTUCE, RED ONIONS, BEEF TOMATO & CHORIZO

£8.60

### FLOWER CHILD VEGAN BURGER V/VE

- PLANT-BASED PATTY WITH VEGAN CHEESE SAUCE, RED ONIONS, LITTLE GEM LETTUCE, KETCHUP & VEGAN MAYO

£9.50

### BEACH BURGER

- BEER-BATTERED HAKE BURGER ON A BED OF MUSHY PEAS & TOPPED WITH TARTARE SAUCE

£3.00

## MAKE IT A MEAL!

**ADD A PORTION OF FRIES...**

£1.25

**ADD CHEESE TO A BURGER OR FRIES...**

## WINGS

£12.00

### TWELVE CHEF'S SIGNATURE CHICKEN WINGS

- SERVED WITH FRIES & 'SLAW

V **SUITABLE FOR VEGETARIANS**

VE **SUITABLE FOR VEGANS**

GF **GLUTEN-FREE**

**ALLERGIES & INTOLERANCES :**

**IF YOU NEED TO KNOW ABOUT OUR INGREDIENTS OR WINES,  
PLEASE ASK THE STAFF BEFORE ORDERING...**



## MAIN MEALS

£10.50

**MAC & CHEESE WITH BROCCOLI**  
- SERVED WITH GARLIC BREAD & SALAD GARNISH V

£10.50

**CHICKEN CAESAR SALAD**

£12.00

**BEER-BATTERED FISH & CHIPS**  
- SERVED WITH MUSHY PEAS

## SIDES

£3.95

**SKINNY FRIES** V

£4.95

**CHEESEY FRIES** V

£3.95

**ONION RINGS** V

£6.00

**CAESAR SALAD** V

£5.00

**MIXED SALAD** V

V **SUITABLE FOR VEGETARIANS**

VE **SUITABLE FOR VEGANS**

GF **GLUTEN-FREE**

**ALLERGIES & INTOLERANCES :**

**IF YOU NEED TO KNOW ABOUT OUR INGREDIENTS OR WINES,  
PLEASE ASK THE STAFF BEFORE ORDERING...**



**GERMAN KITCHEN TAKEOVER  
ON MONDAYS :  
ASK AT BAR FOR DETAILS**



**2-FOR-1 LUNCHES :  
WEDS. - FRI. @ 12 - 3PM**

**TERMS & CONDITIONS : MAIN MEALS, BURGERS & WINGS MEALS  
ONLY. CHEAPEST ITEM IS FREE. YOU MUST PURCHASE A DRINK  
WITH EACH MEAL. SUBJECT TO AVAILABILITY**